



TRACK 4B: CORE COMPETENCIES NEXT STEPS

ELECTIVE: LIVING LIFE ON PURPOSE by Mona Brawley

Lesson 1: Taking a Closer Look

1. Watch the DVD by Mona Brawley entitled, "Living Life on Purpose."

Completed:

2. Summarize the most important points you learned from this lesson.

3. On the Wheel of Life, what parts of your life showed up as strengths? How are you maximizing these?

4. What areas on the wheel showed up as areas where you need to improve? What steps will you take?

5. Select one of the quotes from Michael Hyatt and write a summary of his insights.

When you've completed the assignment, save this PDF and email it to your coach.