

MAY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	Notes
1	2	3	4	Cinco de Mayo5	6	7	<div></div> <div></div> <div></div> <div></div> <div></div>
Mother's Day8	9	10	11	12	13	14	
15	16	17	18	19	20	21	<div></div> <div></div> <div></div> <div></div> <div></div>
22	23	24	25	26	27	28	<div></div> <div></div> <div></div> <div></div> <div></div>
29	Memorial Day30	31					<div>JUNE 2022</div> <div>SMTWTFSS</div> <div>11234</div> <div>567891011</div> <div>12131415161718</div> <div>19202122232425</div> <div>2627282930</div>

WEEKLY *May 1st — 7th*

Be kind. Be kind. Be kind!

Do I always say exactly what I'm thinking? _____ How is that working for me?	
Do I use language that accurately conveys my feelings? Or do my conversations come off defensive?	

WEEKLY *May 8th – 14th*

Happiness is an inside job

—Mandy Hale

What am I doing about the things that matter most in my life?

WEEKLY *May 15th – 21st*

Let all that you do be done with love.

—1 Corinthians 16:14

The more I bless others, the more I find myself blessed. #higod

How can I bless someone else today?

WEEKLY *May 22nd – 28th*

Your attitude determines your direction.
—Henry Ford

I feel the way I feel because I think the way I think! #higod	
What am I feeling that I don't like that I could change by just thinking about it differently?	